

MenChapter 2 (The Voice)

Questions for discussion

1. When you were a kid who did the voice inside you say that you are?

When I was younger I dreamed of becoming a music producer. I loved finding, playing, and listening to good music. I was also a writer. As I have grown up I never pursued either of those things. I believe it denied me a fun future of being who I was supposed to be. Ask yourself what is your bag? What gets your juices flowing? Do you like adventure or math? Basically what do you like the most in life? The voice inside has been telling you since you were born who you were meant to be.

2. What defines you?


The voice inside defines you. You are more than a worker, husband, or hockey player. The problems we run into are based on defining ourselves by what we like to do. Sometimes we are defined by what we do and not what makes us happy. Happy is a dangerous place because it can be false or real. A new CD can make us happy for a day. A realization that we are adventurous, funny and easy going can make us happy too. We become comfortable in our own skin.

3. Could it be that God gave you an imprint?

Who made you? Some say molecules while others say aliens. There are some that say this being called God made you. He imprinted himself upon your heart. The reason I believe that is because each of us is different. No two people are exactly alike. Twins look alike and share the same traits but even their mother knows they are different. Don't you find it strange that each person has two of this and the same one of that, but we are all very different mentally? I call the voice inside God. He has imprinted instructions about who you are supposed to be.

4. Can you use the voice inside?

Each one of us is wired to be something special. One person is great at sports while another loves writing. It's time to look at the things you always wanted to be and do. That is who you really are. In a relationship we become one but we are still two people. A great relationship desires to see the other grow and become something special. We should not be threatened by change, growth, and success that your spouse attains. The answer does not lie in running away and discovering yourself. It comes from self-revelation and inspiring others to be all they can be.



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5. Does the voice make a strong man strong?

Knowing yourself makes you strong. Men value themselves by other men. Knowing how you tick is so important. To stand before your peers with pride and confidence in yourself is everything. We tend to call it arrogance but I call it being strong. In school I was challenged to know my beliefs and stand up for them. That was hard to do, but I know me now. I will defend me now, and am stronger because I believe in myself like never before. With others I am a strong link compared to the weak link. Are you strong inside?